

# **West Cobb Senior Center**

Ongoing Activities for Adults age 55 + Call 770-528-8200 for details

### **DAILY**

8:00am – 9:00am Indoor Walking 8:30am – 4:30pm Billiards

#### **MONDAY**

9:30am – 12:00pm West Cobb Shutterbugs (4th)

10:00am – 12:00pm Knit Wits

10:00am – 1:00pm ADK – Fidelis Lambda Retired Teachers (2<sup>nd</sup>)

10:00am – 2:00pm Mahjong

10:30am – 11:30am Cobb County Retirees (3<sup>rd</sup>) 11:30am – 1:30pm Blood Pressure Check (1<sup>st</sup>)

12:00pm – 3:00pm Woodcarvers

1:00pm – 3:00pm Great Ideas Book Club (2nd & 4th)

1:00pm – 4:00pm Ballroom Dance Practice

#### **TUESDAYS**

9:00am - 12:00pm Chess

9:30am – 1:30pm Open Bridge

10:30am – 1:00pm FAN Club-Friends and Neighbors (1st Sept – May)

12:00pm – 4:00pm Mahjong

12:00pm – 4:00pm Advanced Cuban & Progressive Canasta

1:00 pm — 4:00 pm Coloring 1:00pm — 4:30pm Table Tennis

## **WEDNES** DAYS

 10:00am – 3:00pm
 Stitch-In Time

 12:00 pm – 3:00 pm
 Advanced Bridge

 12:15pm – 4:00pm
 Advanced Canasta

#### **THURSDAYS**

9:00am – 11:00am Blood Pressure Check (1st)

9:30am – 2:30pm Open Art Studio

10:00am – 11:00am Lost Mountain Golden "K" Kiwanis

12:00pm – 4:00pm Assorted Cards & Games 12:00pm – 4:30pm Mexican Train Dominoes

#### **FRIDAYS**

9:00am – 12:00pm Chess

9:30am – 1:30pm Open Bridge

10:00am – 12:00pm Magnolia Porcelain Art Guild (3<sup>rd</sup>)

10:30am – 12:30pm Dance 'N Squares

12:00pm – 2:00pm Myrtle's Melody Makers Chorus

1:00pm – 4:30pm Table Tennis

7:30 pm – 11:00 pm Stardust Ballroom Dance Club